

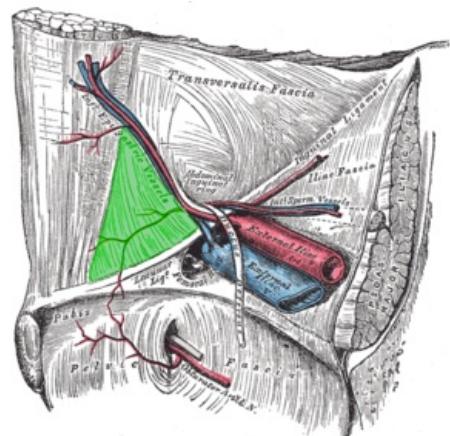
# Trigonum inguinale

The **trigonum inguinale** ( **trigonum Hesselbachi** ) is a topographical site located in the *regio inguinalis*. It is projected in the *fossa (fovea) inguinalis medialis* . In this place, the *fascia transversalis* , which covers the muscles, is thin - it is therefore a weakened area of the abdominal wall and this is a predisposition for the formation of an inguinal hernia . **In this place, it is specifically a direct** inguinal hernia - *hernia inguinalis directa* .

## Boundaries

The boundary is formed by reinforced strips of transverse fascia.

- Caudally - *ligamentum inguinale* ;
- laterally - *ligamentum interfoveolare* ;
- medially - *falx inguinalis* .



inguinal trigone

## Links

### related articles

- Inguinal canal
- Inguinal hernias
- Inguinal canal

### References

GRIM, Miloš – DRUGA, Rastislav. *Základy anatomie : Anatomie krajín těla.* - edition. Galén, 2002. 119 pp. ISBN 9788072621798.