

Triceps reflex



The **triceps reflex** is one of the physiological myotatic (proprioceptive) reflexes of the upper limb with segmental innervation **C7**.^[1]

The reflex is **performed** by tapping the hammer on the tendon of the **m. triceps brachii**. The upper limb is in approximately 90° of flexion at the elbow. The physiological response is adequate extension of the forearm.^[2]

Triceps reflex (video, Centre for e-learning, 1st Faculty of Medicine, Charles University):

<https://el.lf1.cuni.cz/neuronorma/default/video/video20.html>

Links

Related articles

- Examination of tendon-muscle reflexes and skin sensitivity

References

1. AMBLER, Zdeněk – BEDNAŘÍK, Josef. *Klinická neurologie*. 2. edition. Triton, 2008-. ISBN 9788073871574.
2. ROTH, Jan – FIALA, Ondřej – RŮŽIČKA, Evžen. *Neurologické vyšetření - norma* [online]. [cit. 2012-11-22]. <<https://el.lf1.cuni.cz/neurologie>>.