

Subluxation

A **subluxation** is an incomplete dislocation. It is caused by greater violence than distortion. The bones are in a so-called subluxation position, where the articular plates only partially touch.

Clinical picture

- Injury to the capsule and ligaments is greater than in distortion.
- The joint is slightly **unstable**, but **spontaneous repositioning** often occurs.

Therapy

- Rigid **immobilization** is necessary for 3-6 weeks.
- Decompression, **icing**, NSAAs.
- In more severe cases - **surgical** revision with ligament suture.

Links

Related articles

- Trauma
- Developmental hip dysplasia

Reference

- BENEŠ, Jiří. *Studijní materiály* [online]. [cit. 2009]. <<http://jirben.wz.cz>>.



Subluxation position of the distal phalanx