

# Sleep angina

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Lacunar angina Spinal tonsillitis is an acute tonsillitis caused by the  $\beta$ -hemolytic streptococcus *Streptococcus pyogenes*. It produces Dick's erythrogenic toxin, the release of which into the bloodstream is responsible for the accompanying symptoms. Sore throat is manifested mainly by fever and sore throat. It typically occurs in smaller epidemics in children's groups (mostly aged 4-12 years).

### Originator

*Streptococcus pyogenes* belongs to group A streptococci. The bacteria are G +, oval to round, immobile and non-sporulating. It produces an erythrogenic exotoxin that causes burns (acute tonsillitis accompanied by rash). M-protein and hyaluronic acid act as surface antigens of the capsule. They increase virulence and show immunologically cross-reactivity to cardiac myosin and sarcolemma.

### Incubation time

2-4 days.

### Clinical picture

Raspberry tongue

- Catarrhal to lacunar angina,
- raspberry tongue,
- erythema of the face with circumoral fading (Filat's symptom),
- swelling of the regional lymph nodes.

General symptoms: vomiting, abdominal pain, headache, sleep rash (mainly in the lower abdomen, chest and inner limbs - embolization predilection), small papules in the area of the nail beds and on the arches (Šrámek's symptom).

### Diagnostics

Pharyngeal swab - culture certificate of streptococci. And determination of the level of antibodies against streptolysin O (ASLO), streptolysin S. Furthermore, against hyaluronidase, streptokinase and deoxyribonuclease (to evaluate the course of the disease, in the acute phase are not very important).

### Complications

Rheumatic fever - with a latency of 10-20 days (Pancarditis, arthritis, erythema anulare, chorea minor). Acute post-streptococcal glomerulonephritis - hematuria 6-10 days after infection.

### Therapy

The drug of choice is Penicillin V 100,000 IU / kg / d p.o. 10 days (difficulties should subside after 24-48 hours). In case of treatment failure or allergy to penicillin cephalosporins (5 days), amoxicillin with clavulanic acid, macrolides.

aminopenicillins should not be given if infectious mononucleosis is suspected.

### Carrier *Streptococcus pyogenes*

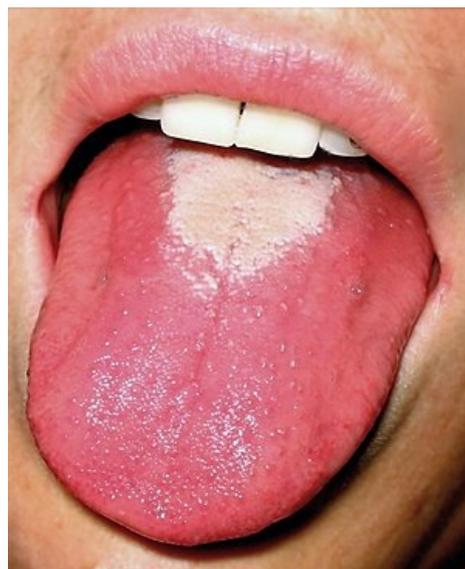
The prevalence of *Streptococcus pyogenes* in the pediatric population is (depending on the area) 15 to 20%, lower in the adult population. Asymptomatic carriers are not at risk of developing suppurative or non-suppurative complications. At the same time, they are not considered an essential reservoir for the spread of streptococcal infection. Therefore, there is no need to identify or treat these asymptomatic carriers. Carrying out control cultures after therapy is not recommended (cost-benefit).



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Lacunar angina



Raspberry tongue

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- Angina ■ Differential diagnosis of coating angina

Angina ■ Differential diagnosis of coating angina

## Reference

1. ↑ Jump to: a b ROTTENBERG, Jan. Differential diagnosis, therapy and complications of acute tonsillitis [online]. In solen.cz. Spring and summer in the surgery and pharmacy. 1st edition. Olomouc: Solen, 2010. 138 pp. 48-57. Also available from <www.solen.cz>. ISBN 978-80-87327-32-6
2. ↑ Jump up to: a b c d MUNTAU, Ania Carolina. Pediatrics. 4th edition. Prague: Grada, 2009. pp. 158-159. ISBN 978-80-247-2525-3.
3. ↑ Bisno AL, Stevens DL. Streptococcus pyogenes. In Mandell, Bennett, & Dolin: Principles and Practice of Infectious Diseases, 6th ed. 2005: 2362–2390.
4. ↑ Fisher RG, Boyce TG. Nose and Throat Syndromes. In Lippincott Williams & Wilkins: Moff and Pediatric Infectious Diseases: A Problem-Oriented Approach, 4th Edition 2005: 14–43.