

# Quadratus plantaris muscle

**Beginning:** tibial and plantar surface at the tuber calcanei

**Attachment:** the outer edge of the tendon flexor digitorum longus muscle

**Innervation:** n. plantaris lateralis (branch of tibial nerve)(S<sub>1</sub>-S<sub>2</sub>)

**Function:** flexion of the distal joints of the fingers (auxiliary muscle for flexor digitorum longus muscle - balances the oblique pull of this muscle)

## Links

## References

- ČIHÁK, Radomír – GRIM, Miloš. *Anatomie*. 2., uprav. a dopl edition. Grada Publishing, 2002. 470 pp. vol. 1. ISBN 80-7169-970-5.