

Overview of established pharmaceutical drugs

Aqua carminativa rubra

- *red wind water*
- aqueous solution of essential oils with the addition of ethanol , flavored with simple syrup and colored
 - aurantii amari etheroleum, carvi etheroleum; caryophylli etheroleum; cinnamomi etheroleum; foeniculi etheroleum; macidis etheroleum; mentae piperitae etheroleum; citronellae etheroleum; coriander ether oleum; citri etheroleum; ethanol; syrupus simplex; ponceau 4R R; black brilliant RN R; purified water; talc
- to reduce the formation of gas in the intestines during flatulence, slightly antibacterial and spasmolytic
- spoon several times a day

Tincture amara

- *bitter tincture*
- alcoholic extract from herbal drugs containing bitters
 - bitter clover leaf, wormwood seed, sweet orange fruit, gentian root, trifolium leaf, cinnamon essential oil, alcohol
- to support appetite in case of anorexia of various etiologies, in case of dyspepsia , vegetative dystonia and low secretion of gastric juices
- 15-45 drops (usually 20) in a glass of water half an hour before meals three times a day
- active substances penetrate into breast milk
- **Resources:**
 - http://www.lekopis.cz/Kap_6_2_2_Amara_tinctura.htm
 - <https://www.samoleceni.cz/8595194600713/tinctura-amara-450-g>
 - <https://www.irel.eu/produkty/ptaci>
 - http://przychodnia.pl/encyklopedia_lekow/TINCTURA.AMARA_L2145/

Unguentum Holt

- *Holt's Ointment*
- symptomatic treatment of itching, keratoplasty effect, also used for superficial redness and eczema