

Orthopnoic position

The orthopnoic position facilitates breathing by maximally expanding the chest. It is often sought by patients with **exhalation problems** . The patient sits or stands in a slight forward bend. His hands are spread wide, resting on a wide base, e.g. on a dining table.

Links

related articles

- Fowler's position
- Mechanics of breathing

External links

- Possibilities of positioning patients on the bed (<http://www.internimedicina.cz/pdfs/int/2009/02/12.pdf>) (article in the journal Internal Medicine for Practice)

Source

- VYTEJČKOVÁ, Renata. *Nursing procedures in the care of the sick I: general part*. 1st edition. Prague: Grada, 2011. ISBN 978-80-247-3419-4 .

Kategorie:Pneumologie Kategorie:Vnitřní lékařství Kategorie:Interní propedeutika