

Orthopantomography

Orthopantomography is a radiodiagnostic method using RTG rays. Its result is an orthopantomogram (OPG) - a picture showing both jaws, dentition, jaw joints, jaw cavities and nasal cavity. This method is mainly used in dentistry. It belongs to extraoral imaging methods.

Imaging Technique

The technique is based on the combined rotational and translational movement of the X-ray tube and film and the screening of the rays by a vertical slit diaphragm.^[1]

- **Exposure** approx. 15 s.
- **Voltage:** 55-85 kV.
- **Current:** 2-30mA.

During imaging, the patient's head is fixed in a cephalostat with the mouth slightly ajar. The X-ray and the film move in sync around the patient's head so that the resulting image is orthoradial.

Ortopantomogram

Orthopantomogram is a clear panoramic x-ray image capturing the dentition, both jaws, jaw joints, part of the nasal cavity and part of the maxillary cavity of the subject. It is obtained by orthopantomographic imaging technique. The image consists of two lateral and one back-front image, i.e. three images in total (hence the sometimes designation **sonogram**, i.e. an image of three zones) - it is actually a modified tomogram. The first OPG was carried out in 1959 in Helsinki, it became common practice in the 1980s. It is now one of the main imaging methods in dentistry. It should be performed at every entrance examination, then once every 2-5 years as a preventive measure, depending on the state of dental hygiene.

- A classic OPG image has dimensions of **15 cm × 30 cm'**, sometimes 30 cm × 12 cm.
- All structures are slightly magnified on OPG (1.25-1.35×).
- Exposure time is approximately 15 seconds.
- The patient's head is stabilized thanks to the **cephalostat'**.
- Camper's line is parallel to the ground.
- The vest does, but the collar doesn't - it would cause artifacts.

Benefits

The main advantage of OPG is the fact that the situation in both jaws and surrounding structures is captured in one image. The fact that the image is taken at the same time reduces the radiation load quite a bit - to show the situation in both jaws, we would need at least 6 images with bite-wing, and even then we would not have a large overview, a minimum of 14 images would be needed for an apical projection. One OPG is equivalent to approximately four intraoral images.

Disadvantages

The disadvantage of OPG is a certain degree of distortion, a typical OPG is approximately 1.25x magnified, summations occur, and when performed poorly we often encounter *"burn-out effects"*. The deformation of the image is pronounced in the frontal part and the angle of the mandible. Another disadvantage is that it is relatively difficult to take this picture with children, due to poor cooperation.

Use in diagnostics

- Dental caries (depending on image quality),
- Periapical pathology,
- Cysts,
- Radices relictæ,
- Tumors,
- Retined/semi-retined teeth,
- Fractures,
- Bone resorption (periodontology),
- Some disorders TMK,
- Foreign bodies in the jaw cavity (partially).



Ortopantomogram of mixed dentition



OPG with description of basic structures

X-ray conditions

Head position

In order to obtain a high-quality image, the patient's head must be fixed in the **cephalostat'** under the following conditions:

- Camper's line is parallel to the ground,
- Head position is centered,
- The front teeth are in the focus zone of the device.

Today's devices have a light system that "navigates" to the correct fixation of the head.

Benefits of OPG

- Simplicity,
- An overview of dentition, jawbones and joints in a single image,
- 90% less surface radiation dose^[1] compared to X-ray status (10 intraoral images),
- Option to compare right and left sides.

Disadvantages of OPG

- Shading of the frontal sections of the jaw of the spine - today the sensitivity in this section is automatically increased to improve the quality,
- Hypermetric image - magnification factor is 1.2-1.35.^[2]

Links

Related Articles

- Ortopantomogram
- X-ray in dentistry

References

- HOUBA, Robert – KREUZBERG, Boris – ZEMEN, Jiří. *Basics of radiodiagnostics and other imaging methods in dentistry*. 1. edition. Prague : Karolinum, 1999. 500 pp. vol. 1. ISBN 80-246-0005-6.

1. MUSHROOM, Robert – KREUZBERG, Boris – ZEMEN, George. *Basics of radiodiagnostics and other imaging methods in dentistry*. 1. edition. Prague : Karolinum, 1999. ISBN 80-246-0005-6.
2. **Cite error: Invalid <ref> tag; no text was provided for refs named Mushroom**