

# Musculus palmaris longus

**Beginning:** *epicondylus medialis humeri*

**Tendon:** *retinaculum musculorum flexorum - aponeurosis palmaris*

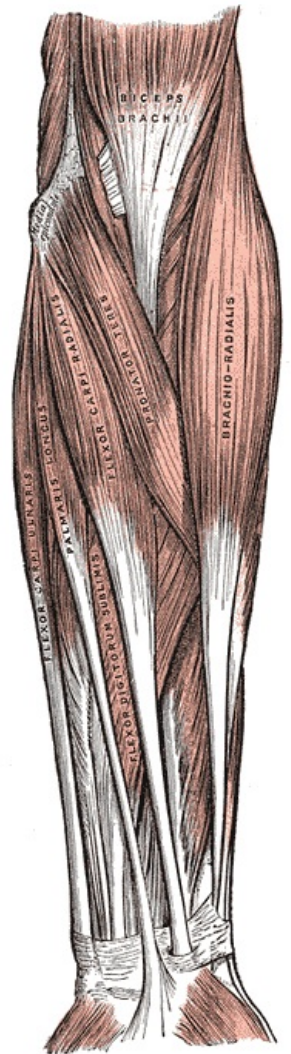
**Innervation:** *nervus medianus*

**Function:**

- stretches the palmar aponeurosis;
- Auxiliary flexion of the elbow joint and wrist.

## References

- ČIHÁK, Radomír. *Anatomie 1*. 2. vydání. Praha : Grada, 2001. 497 s. ISBN 80-7169-970-5.



Superficial muscles of front of forearm.