

# Musculus obliquus externus abdominis

**Origin:** on the eight lower ribs.

**Insertion:**

- labium externum cristae iliacae;
- linea alba (via Rectus sheath of musculus rectus abdominis).

**Innervation:**

- nervi intercostales (5.–11.);
- nervus subcostalis.

**Function:**

- bends spine;
- changes the tilt of the pelvis;
- participates in the abdominal press;
- rotates the spine

**Formations on the obliquus externus abdominis muscle:**

- aponeurosis musculi obliqui externi: the tendon into which the muscle passes forward;
- inguinal ligament: lower thickening of the aponeurosis;
- anulus inguinalis superficialis: entrance to inguinal canal.

## Links

## References

- ČIHÁK, Radomír – GRIM, Miloš. *Anatomie*. 2. upr. a dopl edition. Grada Publishing, 2001. 497 pp. vol. 1. ISBN 80-7169-970-5.