

Meralgia paraesthetica

Meralgia paraesthetica is a strait syndrome in which the cutaneous femoris lateral nerve (from the lumbar plexus) is compressed during its course from the pelvis under the inguinal ligament. It occurs more often in obese people, pregnant women and diabetics.

Speeches

It is manifested by intense burning pains and paresthesias on the outer side of the thigh. There may also be hearing impairment in this area.

Pain is typically relieved with hip flexion.

Therapy

The basic measure is to reduce body weight. Further, it is carried out by spraying with local anesthetics and corticosteroids. Medicines can be given to treat neuropathic pain(karbamazepin, amitriptylin).

If problems persist, surgical treatment is indicated - release of the nerve. Its results are often unsatisfactory.

Links

related articles

- Obesity
- Diabetes mellitus
- Strait syndromes

External links

- Meralgia paraesthetica – Mayo Clinic (<https://www.mayoclinic.org/diseases-conditions/meralgia-paresthetica/symptoms-causes/syc-20355635>)

Taken from

- BENEŠ, Jiří. *Studijní materiály* [online]. ©2007. [cit. 2010]. <<http://www.jirben.wz.cz/>>.

References

- AMBLER, Zdeněk. *Základy neurologie*. - vydání. Galén, 2006. 351 s. ISBN 9788072624331