

Lack or loss of sexual desire

- ICD-10: ***Insufficient experience of sexual pleasure F52.1*** (<https://mkn10.uzis.cz/prohlizec/F52.1>)

It is a fairly common dysfunction. It occurs in women of all ages. It can have the nature of a *primary* dysfunction, or a *secondary* (and selective) dysfunction. Often very simplistic descriptions of this dysfunction are limited to the peripheral component of sexual arousal. That is, the lack of vaginal lubrication, which makes coitus difficult.

Therapy consists primarily of psychotherapy and the effort to eliminate all disturbing factors. The biggest problem of selective frigidity is the openly or covertly conflicting relationship with the partner (husband). Among other influences, it is important to recognize larval depression and neurotic symptoms. In various psychopathological conditions, it is sometimes difficult to distinguish the effect of the underlying disease from the effect of psychotropic drugs.

Medicinally, it is possible to try to influence sexual excitement with dopamineergic preparations, yohimbine, or some antidepressants. Targeted psychotherapy consists in leading to a conflict-free experience of sexuality as a positive partner value.

Links

Source