

# Keshan disease

**Keshan disease** is a juvenile endemic **cardiomyopathy**, that occurred in some areas of China between 1960 and 1970 as a result of dietary **selenium** deficiency. Symptoms of Keshan disease were first described in the Keshan area of Heilongjiang Province (Northeast China).

A large proportion of those affected by Keshan's disease have died as a result of:

- heart failure
- pulmonary edema.

Dietary supplementation has become a very effective prevention after the cause of the disease has been revealed.<sup>[1]</sup> [2]

## References

### Related Articles

- Selenium
- Cardiomyopathy

### Reference

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2. WIKIPEDIA: The Free Encyclopedia. *Keshan disease* [online]. [cit. 2011-05-08]. <[https://en.wikipedia.org/w/index.php?title=Keshan\\_disease&oldid=427644910](https://en.wikipedia.org/w/index.php?title=Keshan_disease&oldid=427644910)>.