

# Inorganic vaginismus

- ICD-10: '**Nonorganic vaginismus F52.5** (<https://mkn10.uzis.cz/prohlizec/F52.5>)

Vaginismus is a sexual dysfunction characterized by strong and involuntary **muscle contractions** of the vaginal entrance during attempted penetration. Each dilation is significantly painful. A neurotic superstructure may also be present. The typical contractions of the vagina are sometimes accompanied by **rejection reactions** to attempted immiseration, up to reluctance and resistance to every touch on the genitals. In the vast majority of cases we observed, it was a primary disorder. Vaginismus is a frequent cause of an unconsummated marriage. It is interesting about such couples how long, often many years, they can live in a happy marriage, with regular but only non-coital sexual relations.

**Therapy of vaginismus** consists in the gradual and patient dilation of the mentioned vaginal spasms. Ideally, a properly managed couple will deal with the problem. After the initial dilation with the fingers, we usually put on a smaller vaginal vibrator.

## Links

## Source

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