

Eradication of Helicobacter pylori

Basic Therapy

The treatment regimen used for Helicobacter pylori *eradication therapy* includes a basic three-drug combination. Treatment in the Czech Republic takes 10-14 days.

Combination of preparations (10-14 days)	Dose
omeprazole, lansoprazole, pantoprazole, esomeprazole, rabeprazole	2 x 20 mg, 2 x 30 mg, 2 x 40 mg, 2 x 40 mg, 2 x 20 mg
clarithromycin, (metronidazole)	2 x 500 mg, 2 x 500 mg
amoxicillin	2 x 1000 mg

The combination used in case of "allergy" to penicillin antibiotics:

Combination of preparations (10-14 days)	Dose
omeprazole, lansoprazole, pantoprazole, esomeprazole, rabeprazole	2 x 20 mg, 2 x 30 mg, 2 x 40 mg, 2 x 40 mg, 2 x 20 mg
clarithromycin, azithromycin	2 x 500 mg, 1 x 500 mg 5 days
metronidazole, tinidazole	2 x 400-500 mg, 2 x 400-500 mg

With this combination treatment, eradication can be achieved in 90%. In case of recurrent infection, we administer a **four combination**: (not available in the Czech Republic)

Combination of preparations (7 days)	Dose
omeprazole, lansoprazole, pantoprazole, esomeprazole, rabeprazole	2 x 20 mg, 2 x 30 mg, 2 x 40 mg, 2 x 40 mg, 2 x 20 mg
colloidal bismuth	4 x 120 mg
tetracycline, amoxicillin	4 x 500 mg, 2 x 1000 mg
metronidazole	2-3 x 500 mg

In case of recurrent infections, *sequential treatment* can also be administered. This consists of administering an IPP twice a day + levofloxacin 2x 500 mg or amoxicillin 2x 1000 mg for the first five days and then a combination of an IPP twice a day with clarithromycin and metronidazole for the next five days.

HVLP Examples

Assignment: Prescribe a preparation used in the eradication of Helicobacter pylori: amoxicillin + ranitidine complex with bismuth citrate.

Rp.

AMOCLEN 30 x 500 cps.

Exp. orig. No. II (duas)

D. S. 1 tablet after 6 hours

ERADIPAK 14 x 40 mg tablet. obd.

Exp. orig. No. I (unam)

D. S. 1 tablet twice a day.

Links

References

- VONDRÁČKOVÁ, Hana. Magisterial recipe [lecture on the subject of Pharmacology, branch of Dentistry, 1st Faculty of Medicine, UK]. Prague.
- PHARMINDEX breviary

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- MDr. TOMISLAV ŠVESTKA, CSC,. Helicobacter pylori infection. Medicine for practice [online]. 2011, no. 3, pp. 123-126, also available from <<https://www.medicinapropraxi.cz/pdfs/med/2011/03/06.pdf>>.

Links

Helicobacter pylori infection – recommended procedure (<https://www.cgs-cls.cz/detail-clanku/infekce-helicobacter-pylori-doporuceny-postup/>)

Related Articles

- Helicobacter pylori
- Gastroduodenal ulcer disease
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