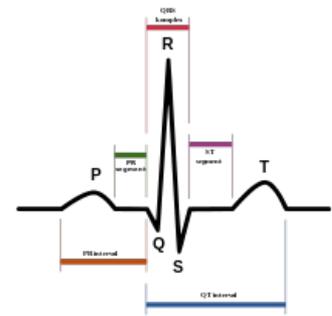


# ECG (Paediatrics)

When recording ECG waveforms, we use a twelve-lead recording: three bipolar limb leads I, II, III; three unipolar limb leads (aVR from the right hand, aVL from the left hand and aVF from the left leg); six unipolar chest leads V1–V6.

- For children, we use a paper displacement speed of 50 mm/sec, then 1 mm = 0.02 s, a potential of 1 mV has a height of 10 mm.
- The artifact is only found in some leads, while a pathological finding - e.g. extrasystole is found in all simultaneously filmed leads.



ECG waveform

## Basic characteristics of ECG

- Wave **R** = 1st positive wave in the QRS complex.
- Wave **Q** = 1st negative wave in the QRS complex.
- Wave **S** = negative oscillation following the R wave.
- We measure the **heart axis** according to the "biggest" oscillation in I. and III. drain:
  - if the vibrations go "towards each other" → tilt to the right → predominance of the P chamber (remembering aid: in "true" love, the vibrations go to each other);
  - if the oscillations go "apart from each other" → inclination to the left → predominance of the L chamber;
  - if the oscillations go "in one direction" → transitional forms.
- The predominance of the P chamber is further characterized by the predominance of positive R oscillations in leads from the right precordium V1–V3 and the predominance of negative S oscillations over the left precordium V5–V6.
- When the L chamber predominates, the opposite is true, negative S oscillations predominate over the right precordium, positive R oscillations over the left.
- *Hypertrophy PK* → R in V1 > 20 mm at any age.
- *LV hypertrophy* → S in V1 > 20 mm, R in V6 > 20 mm at any age.
- **Up to 1 year, the P chamber predominates physiologically, from the age of 3 the L chamber begins to predominate.**

According to the ECG, we determine the frequency, rhythm, electrical axis, PQ, QRS and QTc intervals, the shape of the ST segment and the size of the heart compartments.

## Determination of heart rate (SF)

We multiply the number of QRS complexes in the recording during 5 seconds by 12 times and get SF per minute.

## According to the place of excitement, we will determine the heart rhythm

- Physiological is **sinus rhythm**, which has a positive P wave in standard limb leads I, II, III, which physiologically precedes the QRS complex.
- If we find a negative P wave in one of these leads and the QRS complex is normal, it is an **ectopic rhythm**.
- If the P wave is absent in all leads and the QRS complex is normal, it is a **junctional rhythm**.
- If the P wave is absent and the ventricular QRS complex is abnormal, it is a **ventricular rhythm**.
- If there is an abnormal single contraction (maximum of 3 contractions in a row) → it is an atrial, junctional, ventricular extrasystole.
- If there are abnormal more than 3 contractions in a row, we talk about **tachycardia**.

## We evaluate the length of the individual intervals – the speed of propagation of the excitation in the conductive system

- The length of the **PQ** interval = the length of the transfer from the atria to the ventricles, it depends on the SF and the age of the child.
  - Prolongation of PQ is found in AV block, on the contrary, shortening in preexcitation syndrome WPW.
- Width of the ventricular complex **QRS** = rate of ventricular depolarization, the width changes with age, but should not exceed 0.10 s.
  - Expansion is found in branch block, ventricular extrasystoles, WPW syndrome, myocardial hypertrophy and hypokalemia.
- Length of the **QT** interval = rate of ventricular repolarization, measured from the beginning of the QRS complex to the end of the T wave; because the length changes significantly with the heart rate, we must correct the current measured length to a uniform heart rate of 60/min. → we get QTc = corrected QT interval.
  - Prolonged in hypocalcemia, hypokalemia and in myocarditis, congenital QT prolongation associated with high risk of ventricular fibrillation and sudden death is also known.
  - QT shortening is found in hypercalcemia, hyperkalemia and after administration of digitalis.

## We evaluate shape and voltage deviations

**P wave** = atrial wave, physiologically it lasts  $< 0.10$  s and is 2.5 mm high, it is best seen in II. drain.

- *P pulmonale* refers to a P wave with a height  $> 3$  mm  $\rightarrow$  right atrial hypertrophy.
- *P mitrale* means a P wave with a length  $> 0.10$  s  $\rightarrow$  left atrial hypertrophy.

**QRS complex** – the height of its oscillations depends on the size of the ventricular muscle.

The **ST segment** is normally isoelectric, physiological is any depression up to 0.5 mm and elevation up to 1 mm in any lead.

- Greater depression can also be physiological if the ST segment goes obliquely upwards and smoothly transitions into the T wave.
- Pathological depression is most often caused by ischemia, hypokalemia.
- Pathological elevation is a sign of ischemia or the early phase of pericarditis.

The **T wave** changes during childhood.

- After birth, the T wave is positive in all chest leads, as it is in adulthood.
- In the first hours and days of life, the *T wave in the right precordium V1–V4 inverts to negativity*.
- In childhood, negative T waves gradually become positive, when the inversion progresses from V4 to V1  $\rightarrow$  around the age of ten, T waves in all chest leads are positive again.
- Pathological changes in T waves occur in myocardial ischemia, pericarditis and myocarditis (low and flattened T).

## Links

### Related articles

- Electrocardiography
- ECG examination
- Description of ECG
- Axon

### Used literature

- HAVRÁNEK, Jiří: *EKG*.