

# Acquired neck deformities (plastic surgery)

**Acquired deformities in the neck area** include, in terms of plastic surgery, mainly deforming scars of the neck skin - aesthetic damage + limitation of head movement.

## Complete contracture

- always perform a complete excision of the scar to prevent further contracture
- cover the defect with skin grafts / skin flaps (acromiocervical flap, tubulated abdominal flap, free flaps)
- Z-plasty on the sides, head is fixed, splint for 6 months

## Limited contracture

- Resolved with Z-plasty / skin advancement or grafts

## References

### Related articles

- Congenital neck deformities (plastic surgery)

### Literature used

- MĚŠŤÁK, Jan, et al. *Introduction to plastic surgery*. 1. edition. Prague : Charles University in Prague - Publishing house Karolinum, 2005. 125 pp. ISBN 80-246-1150-3.