

# The delirious states

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## Delirium, not induced by alcohol and other psychoactive substances (F05)

- **Definition**
  - a qualitative change in consciousness (lucidity, not in the vigilance)
- **Symptoms**
  - perceptual distortions: illusions, hallucinations, disorientation time and place
  - Reversal of sleep-wake cycle (**symptoms often worse at night**)
  - psychomotor and emotional disturbances
- **Treatment**
  - **mainly supportive measurements: quiet room, talking to family for reorientation, waiting it out...**
  - In acute agitation: Restriction of limbs to the bed, highly potent antipsychotics (haloperidol)

## Causes

- extracerebral or cerebral: organic brain changes, **after operation** conditions, infections, dehydration, metabolic disturbances, injury, cancer, serious burns...

## Links

<https://icd.who.int/browse10/2019/en#/F95> (ICD-10 Classification)

## Related Articles

## Bibliography

## References

- Psychiatry Final Questions: Summary, Christian Entenmann <https://www.notion.so/Final-Questions-60be050c039d42b585dddbc3da55c3a4>
- Amboss