

# Screening for hereditary diseases

*Genetic screening* is part of health care programs today. Originally, it was about identifying newborns with a genetically determined disease that is treatable in case of early diagnosis, e.g. PKU. The main role of genetic screening is to improve the health of society.

## Newborn Screening Programs

 For more information see *Newborn Screening*.

### **Principles of an adequate screening-test:**

- the disease state must not only be clearly defined, but also treatable and its incidence in the monitored population must be significant
- the examination itself must be done quickly and easily on a large number of samples
- the test should have few false positives and, if possible, zero false negatives
- completion of diagnosis and initiation of treatment must be well organized and prompt
- if these conditions are not met, complications will occur

## Screening of heterozygotes

*Conditions for enabling the screening test:*

- significant occurrence of the disease in a specific population group
- availability of a test suitable for mass screening
- possibility of prenatal diagnosis
- the following diseases meet these criteria:

### 1. Tay-Sachs disease

- often occurs in Ashkenazi Jews
- this is one of several different forms of familial amaurotic idiocy (amaurotic = unclear)
- the enzyme disorder in this disease is a significant deficiency of hexosaminidase A (hex A), in a wide range of tissues; the role of hex A is to cleave the N-acetyl-galactosamine residue from the polysaccharide chain of the ganglioside molecule. In case of its deficiency, ganglioside accumulates, mainly in brain tissue
- heterozygotes can be detected by screening blood samples for hexosaminidase activity
- the disease can be detected by biochemical analysis of cultured amniocytes

### 2. Sickle cell anemia

- manifests itself practically exclusively in blacks
- the molecular basis is abnormal hemoglobin – HbS
- this is a severe hemolytic disease with a characteristic tendency of red blood cells to take an obviously abnormal form in an environment with reduced partial pressure of oxygen
- clinical picture: anemia, icterus and "crisis", vascular obstruction and painful infarcts of various organs (bones, spleen, lungs)

### 3. Thalassemia

- heterogeneous group of disorders of HbA chain formation
- caused by damaged genes for hemoglobin, possibly. deletions

## Screening $\alpha$ -fetoprotein in maternal serum (MSAFP)

- possibility of detection of split defects, event. fetal Down syndrome warning

## Links

### Related Articles

- Indication of chromosomal examination
- Inherited disorders of amino acid metabolism
- Newborn Screening

### Source

ŠTEFÁNEK, Jiří. *Medicína, nemoci, studium na 1. LF UK [online]. [cit. 11. 2. 2010]. <<https://www.stefajir.cz/>>.*

