

# Opioid abuse

- Opiate receptors - located in the CNS, in peripheral tissues
- Endogenous agonists (ligands): endorphins, enkephalins, dynorphin (peptides)<sup>[1]</sup>

## Opiate CNS Effects

### Stimulation of opiate receptors

- $\mu$  - respiratory depression, supraspinal analgesia, physical dependence
- $\kappa$  - spinal analgesia, miosis
- $\delta$  - spinal analgesia, euphoria, sometimes dysphoria
- $\epsilon$  - supraspinal analgesia
- $\sigma$  - mydriasis, dysphoria

### Agonists

- morphine, codeine, heroin,...
- methadone, pethidine, der. fentanyl, ...

### Antagonists

- naloxone, naltrexone, nalorphine, levalorphan, ....

### Agonists/Antagonists

- buprenorphine, pentazocine, ...

## Opiate Peripheral Effects

- reduced mobility in the gastrointestinal tract (constipation)
- vascular hypotonia (hypotension)
- bladder hypertonia (urinary retention)<sup>[1]</sup>

## Chronic abuse

- Development of tolerance - adaptation of receptor density (?)
- Reduced tolerance to respiratory depression
- In a state of drug withdrawal:
  - hypersensitivity of adapted neurons
  - unpleasant peripheral vegetative effects<sup>[1]</sup>

## Therapy

- "Harm reduction" programs: exchange of syringes and needles
- "Substitution programs" - the ultimate goal should be abstinence
- Replacement of heroin addiction with another drug (methadone, buprenorphine),
- Suppression of withdrawal symptoms, reduction of euphoric feelings by administration p.o.<sup>[1]</sup>

## Opioid Agents

### Opium

- dried juice from unripe poppies "Papaver somniferum"
- is contained in:
  - morphine 4-30%
  - codeine 0.3-3%
  - noscapine, narcotine 4-10%
  - papaverine 1-1.5%
  - thebaine 0.2-1%

### Heroin

- diacetylmorphine - "pro-drug" of morphine
  - morphine transporter to the brain
  - easier to penetrate membranes
  - labile, deacetylates easily
- **6-monoacetylmorphine'** and **morphine 6-glucosiduronate** are active metabolites

## Abuse

- Usual doses of heroin: 10-15 mg/day
- With tolerance up to 2 g/day
- Symptoms: euphoria, lethargy, miosis, respiratory depression, bradycardia, hypotension, depression to coma, possible death
- Addicts report 4 stages after a heroin high (i.v. injection):

1. High - kick
2. well-being, happiness,
3. composure,
4. "abstract".

## Causes of Death

- respiratory depression
- aspiration of vomit
- pulmonary edema
- rarely anaphylactic shock (hypersensitivity)
- heroin leukoencephalopathy (inflammation of the white matter of the brain)<sup>[1]</sup>



Papaver somniferum

Heroin

File:Heroin.jpg

## Links

### Related Articles

- Drug addiction and illegal production and possession of narcotic substances
- Amphetamines • Cocaine • Cannabinoids • Hallucinogens • LSD • Psychodrugs • Barbiturates • Benzodiazepines • [ [Ethanol]]
- Cannabinoid use disorders • Opioid use disorders

### References

1. BALÍKOVÁ, Mary. *Abuse and intoxication* [online]. [cit. 2012-03-09]. <<https://el.lf1.cuni.cz/p56355604/>>.