

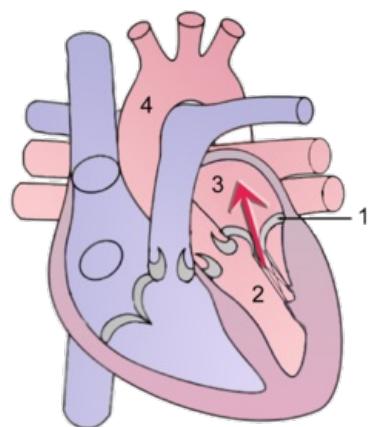
# Mitral insufficiency

The cause of **mitral insufficiency** (MI) is *mitral regurgitation*.

The causes of MI include:

- abnormalities of flaps (prolapse of mitral valve, infectious endocarditis),
- abnormalities of mitral ring (dilation, calcification),
- abnormalities of tendons (degeneration, ruptures),
- abnormalities of papillary muscles (ruptures).

Mitral regurgitation is also accompanied by *mitral prolapse* (can be inborn - Barlow syndrome, in Marfan syndrome, Ehlers-Danlos syndrome or acquired secondarily), the cause of acute insufficiency is usually a rupture of the papillary muscle in heart attack or valve damage infectious endocarditis.



## Patophysiology of MI

- LV pumps the blood to LA (regurgitation fraction), which decreases the systolic output of the LV - LV must hypertrophy to stabilise (eccentric hypertrophy) -systolic dysfunction occurs in LV and heart failure. As a result of pulmonary venostasis, exertional dyspnea to cardiac pulmonary edema occurs.

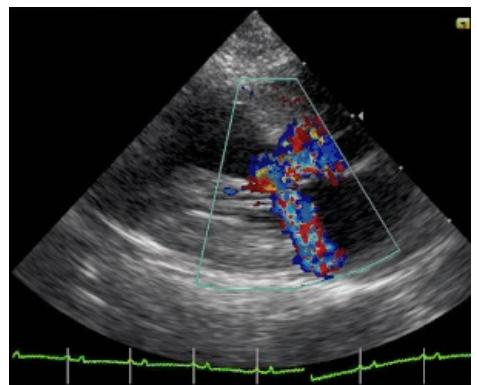
## Diagnostics MI

### 1. Physical findings:

- dilation of a heart shadow (LV to the left, apex down and laterally),
- congestion on the lungs (crackles),
- auscultation: **holosystolic murmur in apex with pormotion into the armpit**, hearable on the left side, S3 gallop, gallopezosystolic click,
- marks of the R heart failure: edema, elevated JVP, hepato- a splenomegaly, nocturia, flatulence, anorexia, ascites at a late stage,

### 2. RTG - cardiomegaly,

### 3. echocardiography - regurgitation from LV to LA in systole.



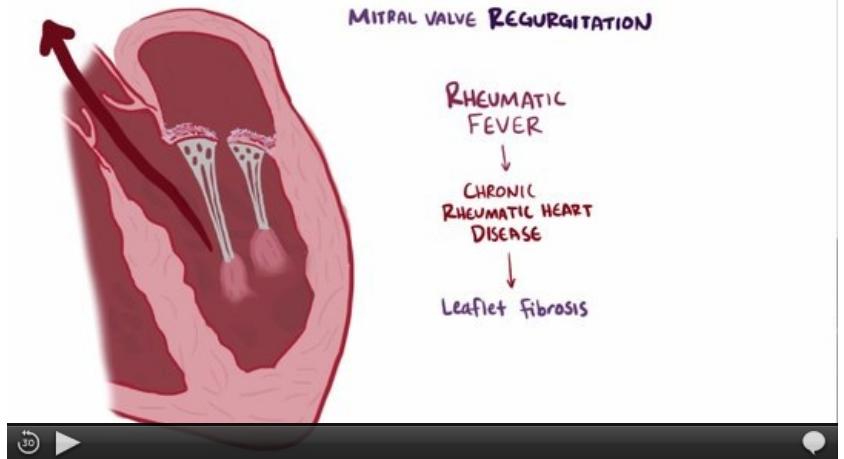
## Therapy

### Surgical:

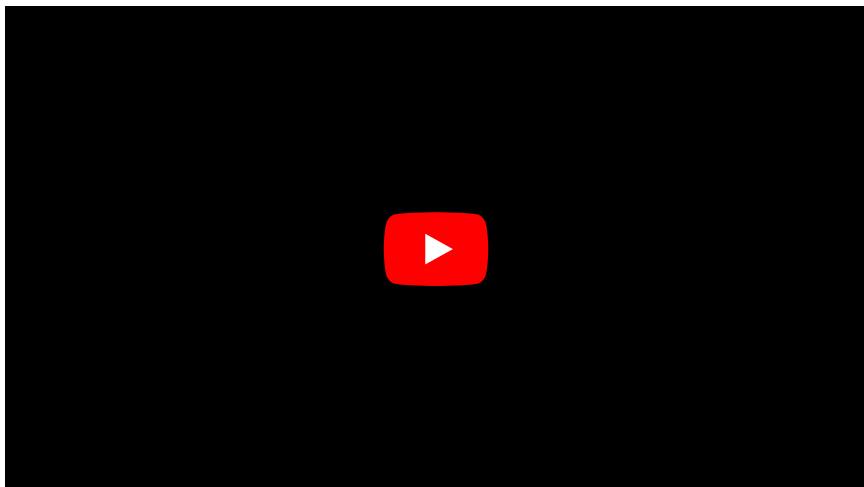
- effort to surgically save the valve- **anuloplasty, valvuloplasty** mitral valve,
  - **valve replacement** with preserved hanging apparatus,
  - every symptomatic patient is indicated to (if the ejection fraction doesn't go below 30 %), we can only observe patients who:
    - have ejection fraction over 60 %,
    - don't have dilation of the LA,
    - don't have fibrillation of the LA,
    - don't have pulmonary hypertension.
- Drug therapy - prevention of injection endocarditis, therapy of the atrium fibrillation, therapy of the heart failure (ACEI, sartans, diuretics),  
▪ in acute MS is acute surgery indicated, nitrates, kardiotonics, IABP (intra-aortic balloon pump).

## Video of mitral insufficiencies

## Auscultation



Video in english, definition, pathogenesis, symptoms, complications, therapy.



## Source

## Related articles

- Mitral stenosis
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## Source

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