

Hepatorenal Syndrome

Hepatorenal syndrome is functional kidney failure in liver disease with portal hypertension. It occurs almost exclusively in patients with ascites.

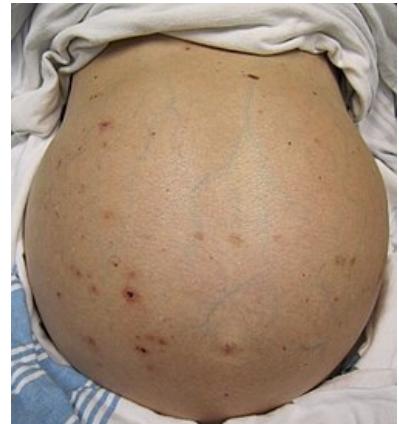
Etiology and pathogenesis

The basis is systemic **circulatory changes** in portal hypertension.

- Renal arterial vasoconstriction (with cortical hypoperfusion) + damage to kidney functions,
- the basis is systemic circulatory changes in portal hypertension (\downarrow peripheral vascular resistance, central hypovolemia, sympathetic activation).

Clinical picture

- **Type I** – rapidly progressive, 2x \uparrow serum creatinine within 2 weeks, prognosis is very poor,
- **type II** – slowly progressing, renal insufficiency occurs slowly + condition relatively stabilized.



Liver failure with portal hypertension and ascites

Diagnostics

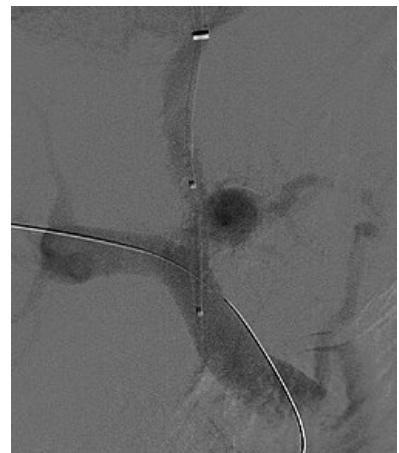
There is **no specific test** that can diagnose hepatorenal syndrome. Glomerular filtration is usually $< 0.66 \text{ ml/s}$ (40 ml/min), serum creatinine $> 135 \mu\text{mol/l}$, sodium in urine $< 10 \text{ mmol/l}$, urine osmolality $>$ plasma.

Differential diagnosis

- Organic kidney damage (ATN, etc.).

Terapy

- Exclusions: nephrotoxic drugs, diuretics, nonsteroidal antiphlogistics,
- treat bacterial infection, rule out bleeding in the gastrointestinal tract,
- correction of hypovolemia (albumin, terlipressin),
- TIPS (days to weeks apart,
- liver transplant.



TIPS (transjugular intrahepatic portosystemic shunt)

Links

Related articles

- Portal hypertension
- Consequences of portal hypertension
- Ascites
- Spontaneous bacterial peritonitis

References

- DÍTĚ, P.. *Vnitřní lékařství*. 2. edition. Galén, 2007. ISBN 978-80-7262-496-6.