

Gerber's Test

The Gerber test is used to diagnose **a rupture of the** *subscapularis* tendon . It is performed in such a way that the patient places **the back of the hand** behind the back on the **lumbar** spine, then tries to move the hand **away** - if this is impossible, there is probably a problem with the integrity of the *subscapularis* tendon.

Sources

External links

- Gerber's Lift Off Test (<http://physicaltherapyweb.com/gerbers-lift-off-test-orthopedic-shoulder-examination/>) - detailed description including video demonstration

Literature

- PASTOR, Jan. *Langenbeck's medical web page* [online]. [cit. 2009]. <<https://langenbeck.webs.com/>>.