

# Examination for thyroid diseases

This article has been translated from WikiSkripta; ready for the **editor's review**.

## Indicators of thyroid dysfunction

### TSH in serum

- Its concentration is inversely proportional to the concentration of  $[[T_4]]$  ,
  - assuming normal function of the hypothalamic-pituitary axis reflects the level of  $T_4$  ,
- Significantly increased: primary hypothyroidism,
- Sometimes produced modified - you can also find
- The **method of first choice** in case of suspected primary hypothyroidism or hyperthyroidism,
- Monitoring of  $T_4$  substitution therapy ,
- Is investigated in hypercholesterolemia and hyperprolactinemia.

### Function test with TRH

- Reflects TSH secretion
- in central hypothyroidism, in TSH-producing tumors.

### Total thyroxine (TT4) and free (FT4) in serum

- Current secretion indicators
- FT4 indicates the availability of the hormone by tissues
- free thyroxine index - FTI

$$FTI = \frac{\text{concentration } T_4 \cdot \%T_3 - \text{Uptake}}{100}$$

- Prior to the treatment of hyperthyroidism, TSH secretion may still be suppressed in the long term.

### Triiodothyronine total (TT3) and free (FT3) in serum

- High levels of  $T_3$  autonomic hyperactivity of the gland
- Indications - examination of hyperthyroidism, severity of primary hypothyroidism, differential diagnosis of low TSH levels.

### Reverse $T_3$ (RT3)

- Indirect indicator of  $T_4$  to  $T_3$  conversion,
- Examination of unknown causes of low TT3 or TT4.

### Serum Thyroglobulin (TG)

- Indicator of TG release from the active, inflammatory or tumor gland,
- Follow-up of patients after thyroidectomy for differentiated ca as a tumor marker - diagnosis of relapse (increasing TG).

### $\alpha$ -subunit of hCG

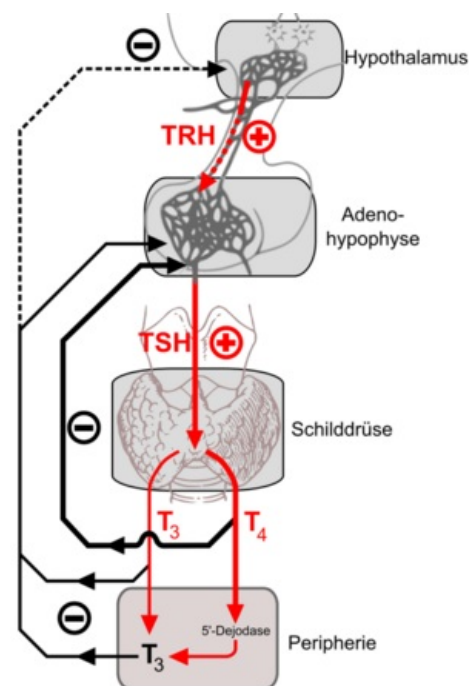
- In general, it detects the formation of molecules with this subunit - even TSH.

### Calcitonin, serum thyrocalcitonin

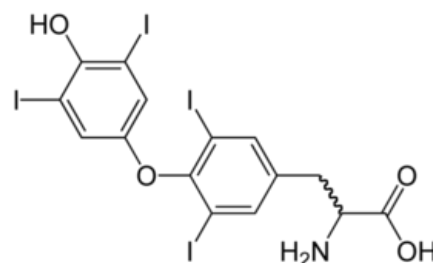
- Thyroid gland C-cell secretory activity indicator ,
- In the diagnosis of medullary tumors.

## Disorders of thyroid hormone transport

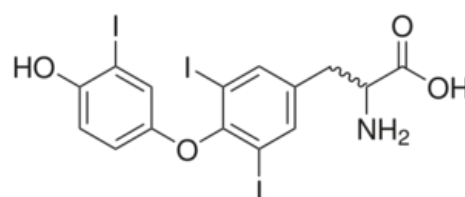
### Serum thyroxine binding globulin (TBG)



Thyroid hormone feedback



Thyroxine



Triiodothyronine

- Quantitatively the most important carrier,
- High values: genetically, in pregnancy, contraception,
- Low concentrations: malnutrition, malabsorption, hepatic synthesis disorders,
- We examine at T3 and T4 values that do not correlate with the clinical condition.

## **Prealbumin, transthyretin in serum**

- The second most important carrier.

## **Binding capacity of transport proteins, T-uptake**

- Significance and indications as for TBG, saturate the serum sample with a known concentration of T3 and determine the unbound fraction.

# **Indicators of autoimmune diseases of the thyroid gland**

## **Thyroperoxidase Antibodies (Thyreoperoxidase Antibodies, TPOAb)**

- Formerly described as antimicrosomal,
- Reveal the presence of an autoimmune process, the possible risk of dysfunction,
- Indications: goiter of unknown etiology, differential diagnosis of hyperthyroidism,
- Postpartum risk screening.

## **Anti-thyroglobulin antibodies**

- They reveal the autoimmune process, they can explain incorrect results of TGB determination,
- Monitoring of differentiated thyroid carcinomas.

## **Antibodies to TSH receptors**

- They can either stimulate or inhibit,
- Risk of developing Graves' disease, risk of endocrine ophthalmopathy,
- Differential diagnosis of hyperthyroidism.

## **Links**

### **Related articles**

- Thyroid gland
- Thyroid hormones
- Hyperthyroidism
- Hypothyroidism
- Examination of thyroid function
- Thyroid disease
- Radionuclide examinations of the thyroid gland
- Symptomatic mental disorders in endocrinopathies

### **References**

- SCHNEIDERKA, Petr, et al. Chapters from clinical biochemistry. 2nd edition. Prague: Karolinum, 2004. ISBN 80-246-0678-X.

### **Source**

ws:Vyšetření u chorob štítné žlázy