

Classification of mental and behavioral disorders

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The aim of classifying mental disorders

- Identify groups of patients who are similar in their clinical features, course of disease, outcome and response to treatment, aiding individual clinical management;
- Provide a **common language for communication** between patients, professionals and researchers;
- Improve the reliability (reproducibility among \neq settings) and validity (correctness \rightarrow by examining the consistency of symptoms, treatment responses, long term prognosis, genetic and biological correlates) of Dx

In Europe/rest of the world: ICD-10

- International Code for Diseases, 10th edition
- Published originally in 1993 by the WHO
- ICD-10 \rightarrow ICD-11 (First release in Jan. 1 2022)
- F00-99
 - F.00 Dementia in Alzheimer's disease (F00-F09: Organic mental disorders)
 - F10-19 Mental and behavioral disorders due to psychoactive substance (10 alcohol, 14 cocaine)
 - F20-29: Schizophrenia, schizotypal and delusional disorders...

America: DSM-V

- **Diagnostic Statistical Manual for Mental Disorders** by the American Psychiatric Association
- DSM V (since 2013): American Society of Psychiatry
- They are already working now on the DSM- VI
- Structure
 - Section I: Introduction
 - Section II: Diagnostic Criteria and codes
 - Neurodevelopmental disorders : e.g. autism spectrum disorder, intellectual disability
 - Schizophrenia spectrum and other psychotic disorders
 - Bipolar and related disorders
 - Depressive disorders
 - ...
 - Section III: emerging measures and models

Differences of the ICD-10 and DSM-V

- ICD-10 + DSM-5 are **categorical** systems describing a group of discrete conditions (giving operational definitions, specifying inclusion and exclusion criteria, such as number of symptoms and minimal durations)
- Concrete examples
 - Bipolar disorder (ICD-10) vs Bipolar I/II (DSM-V)
 - acute polymorphic disorder with or without features of schizophrenia (ICD-10) vs Brief psychotic disorder (DSM-V)
 - Pervasive neurodevelopmental disorders (ICD-10) vs Autism spectrum disorder (DSM-V)
 - Mental retardation (ICD-10) vs intellectual disability (DSM-V)