

# Arthroscopy

**Arthroscopy** (abbreviated as ASK) is an endoscopic diagnostic, and simultaneously a therapeutic, method used for joint diseases and injuries (most often knee joint and shoulder joint).

## Principle

- The joint is filled with a sterile solution and after the introduction of the endoscope, it is possible to examine and treat the joint cavity.
- *Advantages:* mini-invasive method, less postoperative pain, faster rehabilitation.
- *Disadvantages:* price, erudition.

## Usage

- diagnostics (biopsy, hemarthrosis);
- extraction of joint muscles, débridement;
- treatment of articular cartilage;
- meniscectomy (mostly partial);
- meniscal suture;
- removal of adhesions, joint folds;
- synovectomy (rheumatology);
- fixation of dissections in dissecting osteochondrosis;
- acromioplasty and subacromial decompression for impingement syndrome.

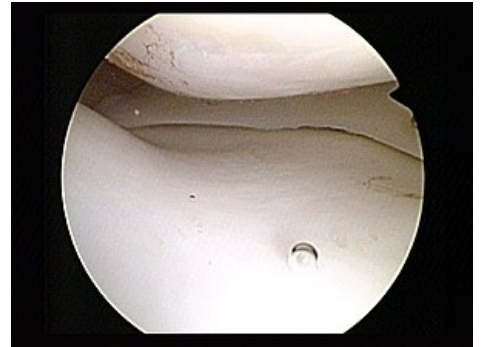
## Links

### Related Articles

- Chondropathy
- Patellar luxation

### References

- SOSNA, A. – VAVŘÍK, P. – KRBEC, M.. *Základy ortopedie*. 1. edition. Triton, 2001. ISBN 80-7254-202-8.
- KOUDELA, K.. *Ortopedie*. 1. edition. Karolinum, 2004. ISBN 80-246-0654-2.



Medial meniscus (normal finding)



Rupture of medial meniscus